

EDUCATION COMPANY®

Edvo-Kit #

151 Edvo-Kit #151 **AIDS Kit III: Simulation of HIV Detection by Protein Electrophoresis**

Experiment Objective:

In this experiment, students will use SDS-PAGE to identify HIV proteins in simulated patient samples. The results of this test are used to diagnose an HIV infection.

See page 3 for storage instructions.

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Table of Contents

Experiment Components Experiment Requirements	3
Background Information	4
Experiment Procedures	
Experiment Overview and General Instructions	9
Module I-A: Preparing Precast Polyacrylamide Gels For Electrophoresis	10
Module I-B: Practice Gel Loading	11
Module II: Performing SDS-PAGE with Protein Samples	12
Study Questions	14
Instructor's Guidelines	15
Dro Lab Droparations	12
Fre-Lab Frephalalions	10 17
Experiment Results and Analysis	10
Study Questions and Answers	18
Appendices	19
A Staining Gels with Protein InstaStain® (Optional)	20
B EDVOTEK® Troubleshooting Guide	21

Safety Data Sheets can be found on our website: www.edvotek.com/Safety-Data-Sheets





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Experiment Components

Component

- A Standard Protein Markers
- B Positive Control Sample
- C Negative Control Sample
- D Patient #1 Serum Sample
- E Patient #2 Serum Sample
- F Patient #3 Serum Sample
- -20° C Freezer with desiccant -20° C Freezer with desiccant
- -20° C Freezer with desiccant -20° C Freezer with desiccant

Storage

- -20° C Freezer with desiccant
 - -20° C Freezer with desiccant

Check ($\sqrt{}$)

This kit is designed for six (6) groups sharing three polyacrylamide gels.

Reagents & Supplies

Store components below at Room Temperature.

Component		Check (\checkmark)
•	Tris-Glycine-SDS buffer (10x)	
•	Practice Gel Loading Solution	
•	Protein InstaStain®	
•	Transfer Pipets	

• Microcentrifuge tubes

Requirements

- Vertical electrophoresis apparatus (EDVOTEK® Cat. #581 highly recommended)
- D.C. power supply
- Precast 12% SDS polyacrylamide gels (12-well gels recommended)
- Micropipet and tips (Cat #638 Fine Tip Micropipet Tips recommended)
- Hot plate
- Distilled or deionized water
- Beakers
- Aluminum foil or foam waterbath float

For Staining with InstaStain® (optional):

- Methanol (150 ml)
- Glacial Acetic Acid (30 ml)
- Glass staining tray
- Plastic Wrap
- White light box (recommended)
- Photodocumentation system (optional)

All experiment components are intended for educational research only. They are not to be used for diagnostic or drug purposes, nor administered to or consumed by humans or animals.

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Background Information

AIDS KIT III: SIMULATION OF HIV DETECTION BY PROTEIN ELECTROPHORESIS

Proteins are a diverse group of large molecules, or macromolecules, that perform many of the essential functions in our cells. The first observation of proteins occurred by scientists in the 18th century who determined that proteins were critical for maintaining body structure. Since then, it has become clear that proteins also have a role in many cellular processes, including motility, transport, and communication. It is estimated that about 2-4 million proteins per cubic micron are found in mammalian cells. Proteins are polymers, composed of hundreds to thousands of smaller organic compounds known as amino acids. Amino acids are simple molecules consisting of a central carbon atom bonded to four different groups: an amine group, a carboxyl group, a hydrogen atom, and a unique side chain (Figure 1). The simplest amino acid, glycine, has a single hydrogen atom as a side chain, while other amino acids feature more complex side chains. The chemical properties of side chains determine the polarity of each amino acid and whether the amino acid is acidic, basic, or neutral.

During protein synthesis a specific sequence of amino acids is connected together to form a continuous chain. Adjacent amino acids in the chain are linked to each other by peptide



bonds. These strong covalent bonds link the carboxyl group of one amino acid and the amine group of a second amino acid (Figure 2). A chain of linked amino acids is known as a polypeptide, and one or more polypeptides combine to make a protein. The amino acid sequence gives each protein specific properties. For example,

the molecular weight and charge of a protein is based on the number and type of amino acids, while the shape is determined by the order of amino acids. This three-dimensional configuration, including twists, folds, and interactions between multiple polypeptides, is critical to protein function.





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PROTEIN ELECTROPHORESIS

To analyze proteins, researchers often make use of a technique called polyacrylamide gel electrophoresis, or PAGE. This is a simple but powerful method that provides information about the expression and purity of a molecule, along with its molecular weight. PAGE uses acrylamide and bis-acrylamide polymers to create a gel with a network of microscopic pores and channels.

To perform PAGE, a gel is prepared, placed in an electrophoresis chamber and flooded with buffer. Next, the protein samples are loaded into small indentations, or wells, in the top of the gel. Finally, an electrical current is applied to the gel box, pushing the charged proteins through the gel towards the positive electrode (Figure 3). The pore size in polyacrylamide gels is controlled by the gel concentration and the degree of cross-linking, allowing researchers to customize the gel to meet the specific needs of the experiment. As the proteins migrate they are forced through the pores of the gel; smaller proteins have an easier time fitting than larger proteins and will migrate further in the same amount of time.

Protein denaturation for electrophoresis

Proteins produce a unique challenge for electrophoresis because they have complex shapes and different charges, which affect how they migrate through the gel. Structural differences can cause two proteins with similar molecular weights to migrate at different rates - a complicated, spread-out protein will move slower through the gel than

one with a compact shape. Similarly, positively and negatively charged proteins will migrate in different directions through the electric field in a gel. Scientists can solve these problems by using chemicals that denature the proteins, eliminating the complex structure, and neutralize the charge of the native protein.

Sodium Dodecyl Sulfate (SDS) is a common detergent used to disrupt interactions between amino acids. The SDS molecule consists of a hydrocarbon chain bonded to a negatively charged sulfate group. When incubated with proteins and heated, SDS will unfold the protein's three-dimensional structure. To break the stronger disulfide bonds in proteins researchers use reducing agents such as β -mercaptoethanol (β -ME) or Dithiothreitol (DTT). Although the amino acid composition and sequence stay the same, the protein will no longer have biological activity because the specific three-dimensional shape has changed. The prepared protein sample can then be separated on a polyacrylamide gel. This technique is commonly called SDS-PAGE (sodium dodecyl sulfate-PAGE).

Detecting HIV Proteins in Patient Samples

Acquired immune deficiency syndrome (AIDS) is a life threatening viral disease that is caused by the Human Immunodeficiency Virus (HIV). Infection by HIV suppresses a patient's immune system by infecting and destroying antibody-producing helper T-cells. Due to a lack of immunosurveillance, patients are extremely susceptible to infections from viruses, bacteria, fungi, and parasites. An individual can contract HIV through unprotected sexual contact, a blood transfusion, or by intravenous injection with a contaminated needle. AIDS









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is a global threat to human health, and early detection and care of patients is essential to controlling the spread and suffering from the disease.

HIV-1 is a retrovirus, which means it has an RNA genome and an RNA-dependent-DNApolymerase termed reverse transcriptase. The reverse transcriptase protein allows the virus to create a DNA template that will integrate into the patient's genome. Once inserted into the host cell's genome the viral DNA can lie dormant for long periods of time, known as the latent stage of infection. During active viral production the DNA will be transcribed into mRNA, which can initiate production of viral proteins. The proteins and RNAs assemble at the surface of the cell, forming a new virus particle (Figure 4). Finally, the completed virus buds off from the cell membrane and is ready to infect healthy T-cells.



Structurally, the HIV virus features a viral envelope, composed of glycoproteins and a lipid membrane, and a protein capsid surrounding two copies of the RNA genome (Figure 5). In total, the HIV genome encodes for 19 proteins necessary for the virus's structure, integration, replication, and disruption of host cell function.



HIV infections in patients can be detected by multiple methods. The most common initial test involves a rapid immunoassay that detects the presence of HIV antibodies in serum or saliva. A positive result on the rapid test is confirmed by a second test, including screening for viral nucleic acids and proteins, or performing a western blot to identify serum HIV antibodies. HIV western blots are both sensitive and inexpensive, making them one of the preferred methods to confirm an HIV diagnosis. Unlike the rapid immunoassay, the western blot is normally performed by a trained technician and can require a few days or weeks to obtain results.

During the HIV western blot, HIV proteins are separated on an SDS-PAGE gel and then transferred to a membrane for analysis. Next, the membrane is incubated with patient serum, allowing any antibodies in the blood to bind to viral proteins. The patient serum is washed away, and the membrane is incubated with a second antibody and detection reagent (Figure 6).

Serum from infected patients will contain antibodies to multiple HIV proteins, including envelope, capsid,

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and functional proteins (Table 1). These antibodies can appear within three months of infection, allowing for early detection in the HIV western blot. A negative result for the western blot test will show zero bands, while positive results can vary depending on the provider of the test. Typically, a positive diagnosis requires the detection of at least one envelope and one capsid protein, although most positive patients will show additional bands. In addition, it is possible for the results to reveal one or more bands without reaching the criteria required for a positive test; in these cases the patient is said to be "indeterminate" and will require additional testing to confirm HIV infection. The requirement for multiple bands helps to prevent the misdiagnosis of patients infected with other viruses which are occasionally detected by the western blot.

This experiment replicates the clinical screen to detect HIV antibodies in a patient blood sample. Simulated patient samples have been pre-stained with dyes, making them visible during the electrophoresis. These proteins are mixed with a sample buffer containing SDS, DTT, glycerol, and a tracking dye. The tracking dye will migrate ahead of the smallest proteins in these samples where it serves as a marker to show how far the gel has run. Since the proteins are pre-labeled it is not necessary to perform a western blot analysis; instead, HIV protein bands will be visible in each sample as the gels are run. This allows for analysis of each patient sample immediately after removing the gel from the electrophoresis chamber. Students will then provide an HIV diagnosis or further testing recommendation for each patient.

Protein Size	HIV Protei n N ame	Category	Protein Description
72,000 Da	p65	Enzyme	Reverse Transcriptase
38,000 Da	p41	Transmembrane	Envelope protein
20,000 Da	p24	Structural	Capsid protein
14,000 Da	p18	Structural	Matrix protein

 Table 1: HIV proteins analyzed by Western Blotting



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Experiment Overview

EXPERIMENT OBJECTIVE:

In this experiment, students will use SDS-PAGE to identify HIV proteins in simulated patient samples. The results of this test are used to diagnose an HIV infection.

LABORATORY SAFETY:

Be sure to READ and UNDERSTAND the instructions completely BEFORE starting the experiment. If you are unsure of something, ASK YOUR INSTRUCTOR!

- Wear gloves and goggles while working in the laboratory.
- Exercise caution when working in the laboratory you will be using equipment that can be dangerous if used incorrectly.
- Wear protective gloves when working with hot reagents like boiling water and melted agarose.
- DO NOT MOUTH PIPET REAGENTS USE PIPET PUMPS.
- Always wash hands thoroughly with soap and water after working in the laboratory.

Acrylamide is a known neurotoxin and carcinogen and should be handled with extreme caution. Liquid acrylamide, used in the manufacture of SDS-PAGE gels, should only be handled in a chemical fume hood while wearing gloves and goggles. Polymerized acrylamide, including precast acrylamide gels, is safe but should still be handled with caution at all times.

LABORATORY NOTEBOOKS:

Scientists document everything that happens during an experiment, including experimental conditions, thoughts and observations while conducting the experiment, and, of course, any data collected. Today, you'll be document-ing your experiment in a laboratory notebook or on a separate worksheet.

Before starting the Experiment:

- Carefully read the introduction and the protocol. Use this information to form a hypothesis for this experiment.
- Predict the results of your experiment.

During the Experiment:

• Record your observations.

After the Experiment:

- Interpret the results does your data support or contradict your hypothesis?
- If you repeated this experiment, what would you change? Revise your hypothesis to reflect this change.







Module I-A: Preparing Precast Polyacrylamide Gels For Electrophoresis



NOTE: Although precast polyacrylamide gels and protein chambers will vary slightly in design, the procedure for their use will be similar.



- 1. **OPEN** the pouch containing the gel cassette. Remove the cassette and place on bench with the shorter front plate facing up.
- 2. Many gels feature a sticker or tape at the bottom of the front plate. **REMOVE** the tape to expose the bottom of the gel.
- 3. Carefully **REMOVE** the comb by gently pulling upwards. Pull the comb straight up to prevent damage to the wells of the gel.
- 4. **INSERT** the gel into the electrophoresis chamber. Orient the gel according to the manufacturer's instructions.
- 5. **ADD** diluted electrophoresis buffer to the chamber. The buffer should cover the top of the front, shorter plate. *NOTE: For EDVOTEK® vertical electrophoresis chambers, the short plate should face the interior.*
- 6. **RINSE** each well by squirting electrophoresis buffer into the wells using a transfer pipet.

The gel is now ready for practice gel loading (Module I-B) or sample loading (Module II).



Module I-B: Practice Gel Loading



- 1. Using a fine micropipet tip, **MEASURE** 20 µl of practice gel loading solution.
- 2. **PLACE** the pipet tip under the buffer and directly above the sample well, resting gently against the back plate of the gel cassette.
- 3. Slowly **DELIVER** the sample by depressing the plunger then remove the pipet tip. Continue to practice with additional wells until you are comfortable loading the protein samples.
- 4. **RINSE** the practice gel loading solution from the sample wells before loading the experimental protein samples. Using a transfer pipet, gently **SQUIRT** a stream of electrophoresis buffer into the wells to displace the practice solution.

The gel is now ready for sample loading.





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Module II: Performing SDS-PAGE with Protein Samples



PROTEIN DENATURATION:

NOTE: PROCEED to gel loading if your lab instructor has already heated the protein samples.

- 1. Using a hot plate or microwave, **HEAT** a beaker of water until it boils.
- 2. **COVER** with aluminum foil and carefully remove from heat.
- 3. Tightly **CAP** sample tubes. **PUSH** tubes through foil to suspend in the boiling water.
- 4. **INCUBATE** the samples for 5 minutes.
- 5. Immediately **PROCEED** to loading the gel. The samples can be aliquoted into individual microcentrifuge tubes or placed at a classroom pipetting station for students to share.



Samples must be boiled in screw top microcentrifuge tubes!



FREEZING PROTEINS:

Unused portions of the protein samples can be frozen for later use. When needed, repeat steps 1-4 and proceed to gel loading.



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Module II: Performing SDS-PAGE on Protein Samples, continued



LOADING THE PROTEIN SAMPLES:

- 1. Using a fresh pipet tip, **MEASURE** 20 μ l of the Standard Protein Marker (A).
- 2. **PLACE** the pipet tip under the buffer and directly above the sample well, resting gently against the back plate of the gel cassette.
- 3. Slowly **DISPENSE** the sample by depressing the plunger.
- 4. **REPEAT** steps 1-3 with protein samples B-F, changing the tip between each new sample.
- 5. Once all samples have been loaded, carefully **PLACE** the cover onto the electrode terminals.
- 6. **CONNECT** the electrical leads to the power supply.
- 7. **SET** the voltage of the power supply and **PERFORM** electrophoresis (See Table A for time and voltage guidelines). Allow the proteins to separate on the gel for the recommended length of time, or until the tracking dye reaches the bottom of the gel.
- 8. **TURN OFF** the power supply and carefully **REMOVE** the lid. The gel can now be removed from the chamber and analyzed.

Wear gloves and safety goggles

Table 2: Gel Loading			
Lane 1	Tube A	Standard Protein Marker	
2	Tube B	Negative Control	
3	Tube C	Positive Control	
4	Tube D	Patient 1	
5	Tube E	Patient 2	
6	Tube F	Patient 3	

Table A	Time and Voltage Guidelines		
Recommended tim		nded Time	
Volts	Mininum	Optimal	
100	80 min.	95 min.	
125	60 min.	75 min.	
150	50 min.	60 min.	

Note: For easier analysis the gel can be removed from the cassette. Using a metal spatula or screwdriver carefully pry apart the two plastic plates and gently remove the gel for analysis. The gels are very fragile and must be handled with care.

OPTIONAL STAINING: Although the protein samples are provided in a pre-stained format it is possible to increase the intensity of the bands by using Protein InstaStain® cards. Staining is rapid and sensitive, and gels are ready for visualization in as short as 1-3 hours. See appendix A for the complete staining protocol.

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Study Questions

- 1. Describe protein electrophoresis. Why was it necessary to boil the proteins in the presence of SDS before loading them onto the gel?
- 2. How does the HIV western blot test work?
- 3. What are the advantages of a western blot test for detecting diseases like HIV? Can you think of any possible disadvantages?
- 4. Why do doctors require multiple positive bands on a western before determining that the patient is infected with HIV?



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Instructor's Guide

ORGANIZING AND IMPLEMENTING THE EXPERIMENT

Prior to starting this experiment, carefully check the list of components and requirements on page 3 to ensure you have all the necessary components and equipment.

This experiment is supplied with reagents for six (6) groups to each run six (6) samples. Each group can be provided with a polyacrylamide gel or can share gels if there are sufficient lanes. When sharing, group 1 will load lanes 1-6 and group 2 will load lanes 7-12. If necessary it is possible to omit sample B, the negative control, to allow two groups to share a 10 well gel.

Preparation For:	What to do:	When:	time Required:
Module I: Preparing Precast Polyacrylamide	Prepare diluted electrophoresis buffer	Up to one day before performing the experiment.	15 min.
Gels for Electrophoresis	Rehydrate and aliquot protein samples	Up to one day before performing the experiment and stored at -20° C.	15 min.
Module II: Performing SDS-PAGE on Protein Samples	Prepare waterbaths for denaturing proteins	Up to one day before performing the experiment.	15 min.
	Denature proteins (optional)	No more than 10 min. before performing the experiment.	10 min.
Appendix A: Staining Gels with Protein InstaStain® (Optional)		Up to one hour before performing the experiment.	15 min.



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Pre-Lab Preparations

PREPARING ELECTROPHORESIS BUFFER

The SDS-PAGE buffer is supplied as a 10x concentrate and must be diluted before use. To dilute, add 1 part buffer concentrate to 9 parts distilled water. Approximate volumes of 1x electrophoresis buffer for EDVOTEK vertical electrophoresis units are listed below. For other units please refer to the manufacturer's instructions.

	Tris-Glycine-SDS Electrophoresis (Chamber) Buffer				
EDVOTEK Total Vol Model # Require		Total Volume Required	Dilution 10x Conc. + Distilled Buffer + Water		
	^	V10	580 ml	58 ml 522 ml	
	^	AV20	950 ml	95 ml 855 ml	

PREPARING PROTEIN SAMPLES

- 1. Add 160 µl of distilled or deionized water to each tube (A-F) and allow the samples to hydrate for several minutes. Vortex or flick tube vigorously to mix. Resuspended proteins may be kept at room temperature for immediate use or frozen until needed.
- The protein samples must be heated in their original 1.5 ml screw-top microcentrifuge tubes before use. This step can be completed by laboratory instructors immediately before the lab period or it can be performed by the students during the lab period. For instructions on denaturing the protein samples please refer to Module II, page 12.
- 3. Label six (6) snap-top microcentrifuge tubes for each protein sample (A-F).
- 4. After boiling, aliquot 25 µl of each sample into the appropriate tubes. The proteins should be aliquoted and then loaded by students as quickly as possible once heated.



Experiment Results and Analysis

The expected banding patterns are shown below relative to the standard protein marker. The actual results may differ slightly due to variations in gel quality or composition, or due to fluctuations in how the samples run in the gel.



Standard Protein Marker Molecular Weights
94,000 Da
67,000 Da
38,000 Da
30,000 Da
20,000 Da
14,000 Da

Lane	Sample Name	Number/Size of bands	Diagnosis
1	Standard Protein Marker		
2	Negative Control	0 bands	HIV negative
3	Positive Control	4 bands (72kD, 38kD, 20kD, 14kD)	HIV positive
4	Patient 1	0 bands	HIV negative
5	Patient 2	2 bands (38kD, 20kD)	HIV positive
6	Patient 3	1 band (20kD)	Inconclusive – should be retested by doctor

Protein Size	HIV Protein Name	Category	Protein Description
72,000 Da	p65	Enzyme	Reverse Transcriptase
38,000 Da	p41	Transmembrane	Envelope protein
20,000 Da	p24	Structural	Capsid protein
14,000 Da	p18	Structural	Matrix protein

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Please refer to the kit insert for the Answers to Study Questions

Appendices

- Staining Gels with Protein InstaStain® (optional) А
- EDVOTEK® Troubleshooting Guide В

Safety Data Sheets:

Now available for your convenient download on www.edvotek.com/Safety-Data-Sheets



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Appendix A

Staining Gels with Protein InstaStain® (Optional)

Although the protein samples are provided in a pre-stained format it is possible to increase the intensity of the bands by using Protein InstaStain® cards. Staining is rapid and sensitive, and gels are ready for visualization in as short as 1-3 hours.

- 1. After electrophoresis, turn off the power and remove the gel cassette from the gel electrophoresis apparatus.
- 2. To remove the gel from the cassette, lay the cassette down and carefully remove the front plate by placing a coin or a spatula in the slot at the top edge, near the sample wells, and twist to separate the two plates of the cassette.
- 3. Gently lift the front plate away from the larger back plate. In most cases, the gel will stay on the back plate. If the gel partially sticks to the front plate, let it fall onto the back plate.
- 4. Pour approximately 100 ml of fixative solution in a small tray.
- 5. Transfer the back plate of the cassette (with the gel) into the tray containing the fixative solution. Wet gloved fingers with fixative solution and gently nudge the gel off the back plate and remove the plate, leaving the gel submerged in the fixative solution.
- 6. Gently float a sheet of Protein InstaStain® card with the stain side (blue) facing in the liquid. Remove the Protein InstaStain® card after 30 minutes.
- 7. Cover the staining tray with saran wrap to prevent evaporation.
- 8. Gently agitate on a rocking platform for 1-3 hours or overnight.
- 9. After staining, Protein bands will appear medium to dark blue against a light background^{*} and will be ready for excellent photographic results.
- * Destaining is usually not required but can be carried out if the gel background is too dark. Gels can be destained in several changes of fresh destaining solution until the appearance and contrast of the protein bands against the background improves.

Storing the Gel

Once a satisfactory result is achieved, the gel can be stored in distilled or deionized water.

For permanent storage, the gel can be dried between two sheets of cellophane (saran wrap) stretched in an embroidery hoop. Air-dry the gel for several days until the gel is paper thin. Cut the "extra" saran wrap surrounding the dried gel. Place the dried gel overnight between two heavy books to avoid curling. Tape it into a laboratory book.



NOTE:

Polyacrylamide gels are very thin and fragile. Use care in handling to avoid tearing the gel.

Fixative and Destaining Solution for each gel (100 ml)

50 ml Methanol 10 ml Glacial Acetic Acid 40 ml Distilled Water



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Appendix B EDVOTEK® Troubleshooting Guide

PROBLEM:	CAUSE:	ANSWER:
	Running buffer was not properly prepared.	Check buffer protocol, make fresh buffer.
	Wrong buffer used.	Check gel recipe, buffer must be compatible with the gel.
	Buffer volume is too low.	Buffer must fully cover the sample wells throughout the entire experiment.
Gel is not running	Gel is inserted in the wrong orientation.	Check with manufacturer for proper setup of the electrophoresis chamber.
properly	Malfunctioning electrophoresis chamber or power supply.	Consult with manufacturer of electrophoresis chamber or power supply.
	Tape at bottom of precast gel not removed.	Carefully remove tape before running the gel.
	Buffer volume is too low.	Buffer must fully cover the sample wells throughout the entire experiment.
	Electrodes not connected or polarity reversed.	Check electrode connections at the gel box and power supply.
	Diffusion of samples before power was turned on.	Minimize time between loading samples and the start of electrophoresis.
Poor band resolution	The gel is old or expired.	Make fresh gels or order new pre-cast gels.
or separation	Wrong concentration of acrylamide gel.	The kit is designed for 12% acrylamide gels, other concentrations will affect results.
	Proteins have been overloaded.	EDVOTEK [®] has optimized this kit to avoid overloading. Be sure to load the amount recommended by the protocol.
Smiling or frowing of bands	Wrong buffer was used.	Check gel recipe, the buffer must be compatible with the gel.
	Incorrect voltage supplied to the gel.	Check the protocol for the recommended voltage (page 13).
No bands on gel/ smallest bands missing from gel	Proteins ran off gel.	Use the appropriate length of time for the chosen voltage. Be sure to monitor the tracking dye while the gel is running. For best results, the tracking dye should run 8-9 cm and should not be allowed to run off the gel.
Proteins have accumulated in the wells of the gel.	Proteins have aggregated.	Ensure proteins have fully denatured; boil proteins for 5 min. and load while still warm.
Bands are smeary and distorted	The gel has overheated.	Reduce voltage, check buffer concentration and dilute if necessary.
Davida era faž i	Proteins have diffused or faded.	Follow protocol for Protein InstaStain® to increase the contrast of protein bands (appendix A).
Bands are faint	Too little protein was loaded.	EDVOTEK ® has optimized this kit to avoid underloading. Be sure to load the amount recommended by the protocol.

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